









## Report of a Motivational Session by Successful Innovator

Organized By: Department Of Research & Development and HC Of SLRTDC

Date: 12th January 2024

Venue: Seminar Hall, College Campus

Speaker: Rashi Jain

Introduction: The motivational seminar aimed to inspire and empower students to unlock their full potential, set and achieve goals, and cultivate a positive mindset for success. It served as a planform for students to gain valuable insights, strategies, and motivation to navigate their academic and personal journeys effectively.

Speaker: The seminar featured a renowned speaker, Ms. Rashi Jain, who captivated the audience with her dynamic presentation style and profound insights. Her personal anecdotes, practical tips, and motivational stories resonated deeply with the students, leaving a lasting impact:

## Objectives:

- Goal Setting and Time Management: The seminar emphasized the importance of setting specific, achievable goals and managing time effectively to maximize productivity and success in both academic and personal pursuits.
- Overcoming Challenges: Students were encouraged to embrace challenges as
  opportunities for growth and resilience. Strategies for overcoming setbacks, managing
  stress, and maintaining a positive attitude were shared to empower students to navigate
  obstacles confidently.
- Self-Confidence and Self-Belief: The seminar emphasized the significance of selfconfidence and belief in one's abilities. Practical techniques for building self-esteem, overcoming self-doubt, and cultivating a positive self-image were discussed to empower students to pursue their dreams fearlessly.
- 4. Embracing Failure and Learning from Mistakes: Students were encouraged to view failure as a stepping stone to success rather than a setback. The importance of resilience, perseverance, and learning from mistakes was highlighted to inspire students to persevere in the face of challenges.
- 5. Finding Passion and Purpose: The seminar encouraged students to explore their passions, interests, and values to identify their purpose in life. Strategies for aligning academic and career goals with personal values and passions were shared to help students lead fulfilling and meaningful lives.





6. Building Support Networks: The seminar emphasized the importance of surrounding oneself with a supportive network of peers, mentors, and role models. Strategies for building meaningful connections, seeking guidance, and offering support to others were discussed to foster a sense of community and collaboration among students.

Outcomes: The motivational seminar provided students with invaluable insights, strategies, and inspiration to overcome obstacles, pursue their goals with passion and determination, and cultivate a positive mindset for success. It served as a catalyst for personal growth, empowerment, and transformation, leaving students motivated and energized to unleash their full potential in college and beyond.

Dr. Vaishali Kothiya Dean - Research, Innovation, Incubation &IPR Cell Mira Road (East)

Dr. Sanjay Mishra

whree L. R. Tiwari Degree Chillege of Arts, Comm. & Sci. Kanakia Park, Nova Rood (East), Dist. Thane - 401107. Maharashtra





