



Shree Rahul Education Society's  
Shree L. R. Tiwari Degree College of Arts, Commerce & Science  
Kanakia Park, Mira Road (E), Thane-401107, Maharashtra.

# CERTIFICATE

## OF COMPLETION

PROUDLY PRESENTED TO

# AGARWAL SHUBHANG GIRDHARI

This is to certify that you have completed Add on Course  
“Managing Stress: Strategies for Well-being and Resilience ”  
from 5th Sep, 2018 to 21st Sep, 2018

, 2020 in Shree. L.R. Tiwari Degree College of Arts, Commerce & Science. Mira  
Road.

Asst. Prof. Rubina  
Gonsalves  
Course Co-ordinator



Chetna Shah  
I/c Principal





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