

SHREE L. R. TIWARI DEGREE COLLEGE

(Arts | Commerce | Science)

Approved by Goverment of Maharashtra & Affiliated to University of Mumbai

Date: 22nd December 2023

NOTICE

All Extension students are informed that the Department of Lifelong Learning and Extension Cell (D.L.L.E.) will be conducting a "Career Project" & "Skill Development" session at the Jila Parishad School in Kasarli Village, Vaitarna, Dist. Palghar on 26th December 2023.

Session Details:

1. Career Planning Session:

A comprehensive session will be held to guide students from standards 7 to 10 on career planning. Topics will include insights into UPSC exam preparation and various career paths, with a special focus on the emerging field of Data Science.

2. Skill Development Session:

This session will address key aspects of personal and professional growth, including leadership skills, time management techniques, and emotional intelligence.

We encourage all interested students to participate actively and take advantage of this valuable opportunity for career and skill development.

Let's make the most of this opportunity to enhance our skills and career prospects!

Asst. Prof. Kshitij L. Jha D.L.LE. Coordinator Mira Road (East)

Dr. Sanjay G Mishra

I/O Proincipal

Shree L. R. Tiwari Degree College of Arts, Comm. & Sci.

Kanakia Park, Mira Road (East), Dist. Thane - 401107. Maharashira

Shree.L.R.Tiwari Educational Campus, Mira Road (E), Thane-401107, Maharashtra.



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Event: Session conducted by D.L.L.E. Extension students on Career Project & Skill

Development

Date: 26th December 2023

Day: Tuesday

Venue: Jila Parishad School in Kasarli Village, Vaitarna, Dist.: Palghar

REPORT ON

"SESSION CONDUCTED BY D.L.L.E. EXTENSION STUDENTS ON CAREER PROJECT & SKILL DEVELOPMENT"

On the mentioned date, DLLE Extension Students from Shree L R Tiwari Degree College, Mira Road (East), visited Jila Parishad School in Kasarli Village, Vaitarna, Palghar. The purpose of the visit was to guide students from standard 7 to standard 10 on career planning and skill development.

1. Career Planning Session:

The DLLE Extension Students, totalling 10, conducted a comprehensive session on career planning. Topics covered included insights into the UPSC exam preparation, providing valuable guidance to students interested in pursuing a career in civil services. Emphasis was laid on diverse career paths, with a special focus on the burgeoning field of Data Science.

2. Skill Development Session:

The DLLE Extension Students delved into skill development, addressing crucial aspects that are integral to personal and professional growth. Specific skills discussed included leadership skills, time management techniques, and the importance of emotional intelligence.

Special thanks to the DLLE Student Manager, Mr. Ramchandran Nadar, for orchestrating and managing the visit, ensuring its smooth execution. The DLLE Extension Project at Jila Parishad School, Kasarli Village, proved to be a meaningful and impactful endeavor. It not only provided valuable insights to school students but also strengthened the bonds between DLLE and the local community. We look forward to continuing such initiatives that contribute to the holistic development of students.

Asst. Prof. Kshitij L. Jha

D.L.L.E. Coordinator

Dr. Sanjay G. Mishra

Le Principal

Shree L. R. Tiwari Degree College of Arts, Comm. & Sci. Kanakia Park, Mira Road (East).

Dist. Thane - 401107. Maharashtra



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UPSC (Union Public Service Commission)

Stay Consistent

 UPSC preparation is a gradual process. Stay consistent in your efforts and gradually expand your knowledge base.

After UPSC

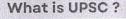
- Indian Administrative Service (IAS)
- Indian Police Service (IPS)
- Indian Foreign Service (IFS)
- Indian Revenue Service (IRS)

NUMBER OF ATTEMPTS

- General Candidates :- Six attempts
- OBC Candidates:- Nine attempts
- SC/ST Candidates:- Crosses the upper age limit

Practice Answer Writing

 Regularly practice writing answers to improve your writing speed and clarity, as effective communication is a key component of the UPSC exam.



· Opt for subjects in 11th and 12th grade that are aligned with the UPSC syllabus, focusing on humanities subjects such as history, geography, political science, and economics.

Who all can take the UPSC?

Min.Oualification - Graduation (Any stream)

Plan for Graduation

· Choose a bachelor's degree in a relevant subject to further deepen your knowledge in areas covered by the UPSC syllabus.

Age Limit

- . General 21 to 32 Yrs (UPSC CSE)
- . OBC 21 to 35 Yrs (UPSC CSE)
- . SC/ST 21 to 37 Yrs (UPSC CSE)





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Department of Lifelong Learning & Extension A.Y. 2023-24



"Skills are bridges that connect dreams to reality, and today we honor the youth as master bridge builders."

Who to Improve Skills?

Set Goals:
Have clear goals for what you
want to achieve. Make them
specific and give yourself a
timeline.

Make a Plan:
Break down your goal into smaller
steps. Plan how you'll practice
regularly.

Practice Regularly:
Practice your skill consistently.
The more you practice, the better
you'll get.

Ask for Feedback: Get input from others on how you're doing. Use their advice to improve.

LeaderShip Qulity

Leadership is about guiding and inspiring a group of people. A good leader sets an example for others by demonstrating positive behaviors and values. They actively listen to the concerns and ideas of those around them, offering help and support when needed.

Leaders make decisions for the team, taking responsibility for the outcomes. Importantly, they encourage and motivate their team members, fostering a positive and collaborative environment.

Effective leaders work alongside their team, promoting teamwork and unity.

Communication

Your p1. **Clarity is Key:**
Ensure your message is clear and easily understood. Avoid unnecessary jargon or complexity to facilitate effective communication.

2. **Active Listening:**

Pay attention to others when they speak, demonstrating that you value and understand their perspective. This promotes a healthy exchange of ideas.

3. **Non-Verbal Cues Matter:**

Be mindful of your body language and gestures, as they convey a significant part of your message. Maintaining eye contact and open posture enhances communication.aragraph text

Change in your Mindset

Changing your mindset involves shifting your perspective and beliefs. Focus on positive affirmations, challenge negative thoughts, and embrace a growth mindset by seeing challenges as opportunities. Stay in present and avoid dwelling on the past or worrying about the future. Remember, a change in mindset takes time and consistent effort.



