



Shree Rahul Education Society's (Regd.)

SHREE L. R. TIWARI DEGREE COLLEGE

(Arts | Commerce | Science) UGC Recognition under sec 2(f) of the UGC Act 1956 | Approved by Government of Maharashtra | NAAC Accredited with Grade 'A' (1st Cycle) |
Affiliated to University of Mumbai | College Code -1064 | ISO Certified 9001:2015 | Hindi Linguistic Minority institution

WDC IN COLLABORATION WITH NSS UNIT ORGANIZES

Women & Girls Health and Welfare Awareness Programme

Programme Activities

- Awareness Session on Government Schemes for Women & Girls - Resource Person: Asst. Prof. Babali Vishwakarma
- Talk on Menstrual & Personal Hygiene - Resource Person: Dr. Nidhi Singh, Medical Officer, Kasarali Village
- Sanitary Pad Distribution Drive

Date - 23/12/2025

Time - 04 : 00 PM

Venue - Kasarali Village, Vaitarna



Sonal

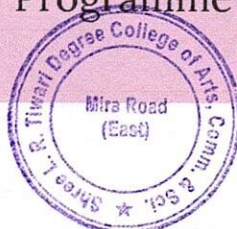
Asst. Prof. Sonal Shah
WDC Convenor

Rambhavan

Asst. Prof. Rambhavan Yadav
NSS Programme Officer

Sanjay Mishra

Dr. Sanjay Mishra
I/C Principal





*** Education For All ***

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Hindi Linguistic Minority institution

Notice No: SLRTDC/WDC/2025-26

Date: 20th December, 2025

Notice

“The Women Development Cell (WDC), in collaboration with the NSS Unit, is organising a **Women & Girls Health and Welfare Awareness Programme** during the ongoing NSS Residential Camp for the benefit of women and young girls of Kasarali Village.”

Programme Activities:

1. Awareness Session on Government Schemes for Women & Girls - Resource Person: Asst. Prof. Babali Vishwakarma
2. Talk on Menstrual & Personal Hygiene - Resource Person: Dr. Nidhi Singh, Medical Officer, Kasarali Village
3. Sanitary Pad Distribution Drive

Details of the Event:

- **Date:** 23rd December 2025
- **Time:** 04:00 PM
- **Venue:** Kasarali Village, Vaitarna

Event Objectives:

- To spread awareness about government welfare schemes for women and young girls.
- To promote menstrual and personal hygiene for better health and well-being.
- To support menstrual health through sanitary pad distribution.

Asst. Prof. Sonal Shah

WDC – Convenor

Asst. Prof. Rambhavan Yadav

NSS Programme Officer

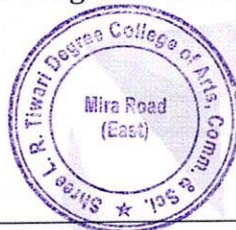
Dr. Sanjay Mishra

I/C Principal

Shree L. R. Tiwari Degree College of Arts, Comm. & Sci.

Kanakia Park, Mira Road (East),

Dist. Thane - 401107. Maharashtra





Date: 24/12/2025

Report on "Women & Girls Health and Welfare Awareness Program"

Topic: Women & Girls Health and Welfare Awareness Program"

Time: 4:00 PM onwards

Date: 23/12/2025

Participants: Male - 28, Female - 26, Total Count – 54

Venue: Kasarali Village, Vaitarna

Introduction: Women's health and welfare are essential pillars of a progressive and inclusive society. Creating awareness about government schemes, menstrual hygiene, and personal health practices plays a crucial role in empowering women and girls, especially in rural areas. The Women Development Cell (WDC) in collaboration with the NSS Unit of Shree L. R. Tiwari Degree College organized the "Women & Girls Health and Welfare Awareness Programme" to educate and support women in Kasarali Village, Vaitarna. The programme aimed to spread awareness, address health concerns, and promote hygienic practices among women and adolescent girls.

Highlights of the Programme

- An awareness session on government schemes for women and girls conducted by Asst. Prof. Babali Vishwakarma.
- An informative talk on menstrual and personal hygiene delivered by Dr. Nidhi Singh, Medical Officer, Kasarali Village.
- Distribution of sanitary pads to women and adolescent girls.
- An interactive session to address health-related queries and concerns.

Objectives of the Programme

- To create awareness about various government schemes available for women and girls.
- To educate participants on menstrual hygiene and personal health practices.
- To encourage hygienic living and preventive healthcare measures.
- To provide practical support through the distribution of essential sanitary products.

Outcomes of the Programme

- Increased awareness of government welfare schemes among rural women.
- Improved understanding of menstrual health and hygiene management.
- Promotion of safe and hygienic practices among adolescent girls.
- Enhanced community engagement through NSS outreach efforts.

Conclusion: The Women & Girls Health and Welfare Awareness Programme proved to be a meaningful initiative in advancing health awareness and promoting hygienic practices within the community. By





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addressing critical issues such as menstrual hygiene and government welfare schemes, the programme contributed to improving health consciousness and confidence among women and girls in the village.

Such outreach activities reflect the institution's continued commitment to social responsibility and community development.

Asst. Prof. Rambhavan Yadav

NSS Programmer Officer

Asst. Prof. Sonal Shah

WDC Convenor



Dr. Sanjay Mishra

I/C Principal

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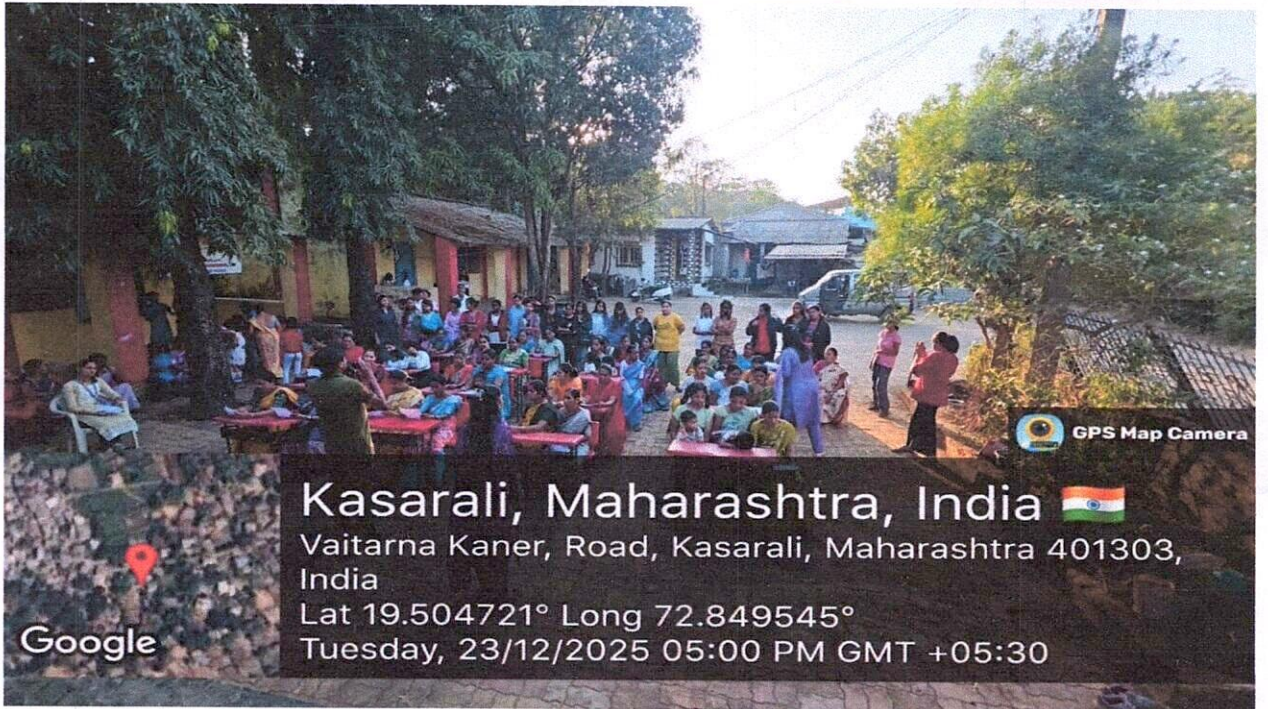
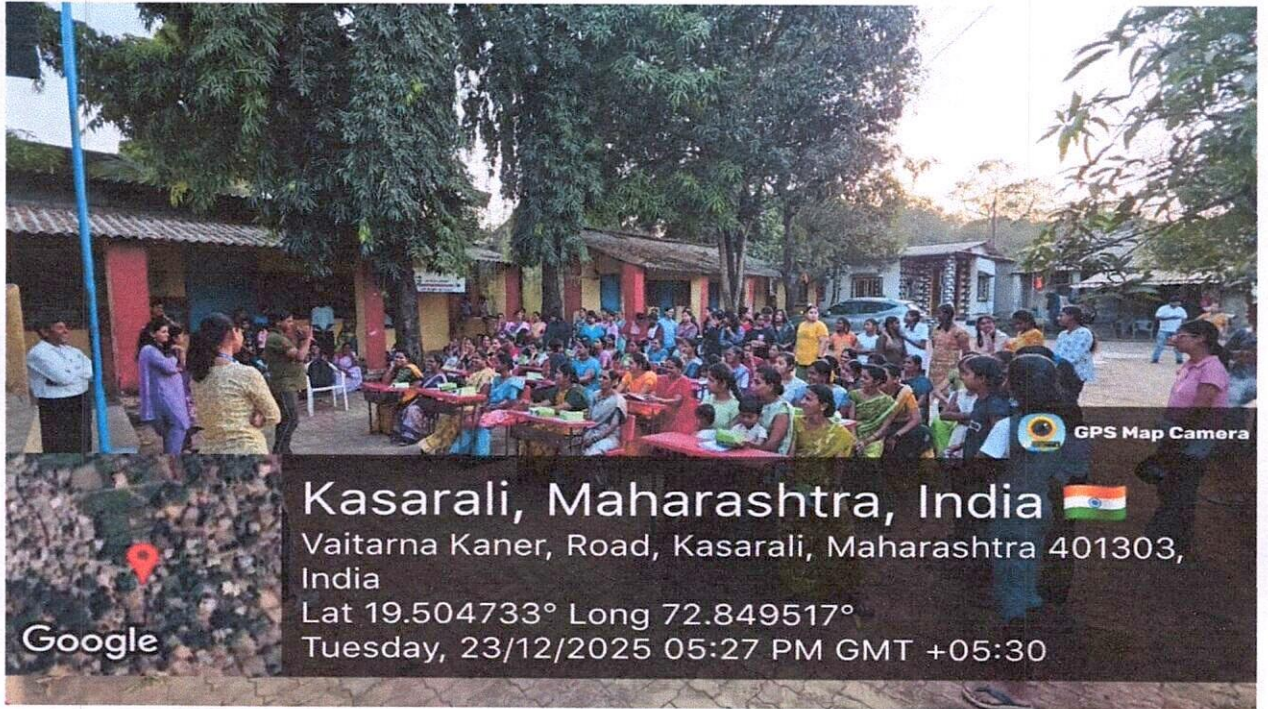
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Date: 24th Dec 2025

Glimpse of the Event





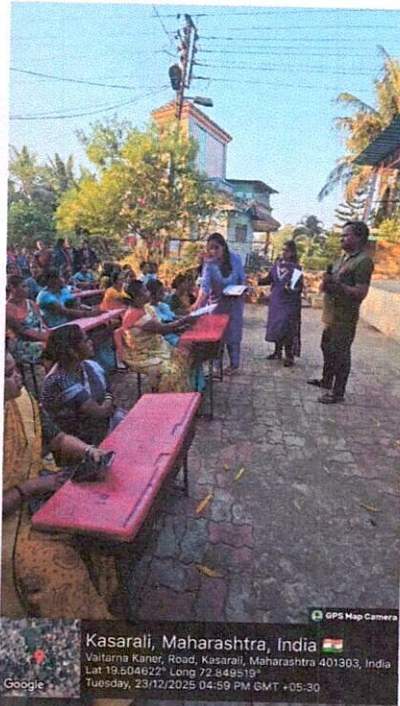
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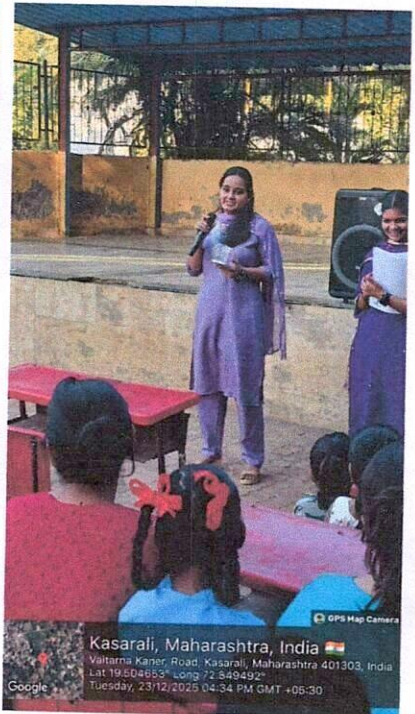
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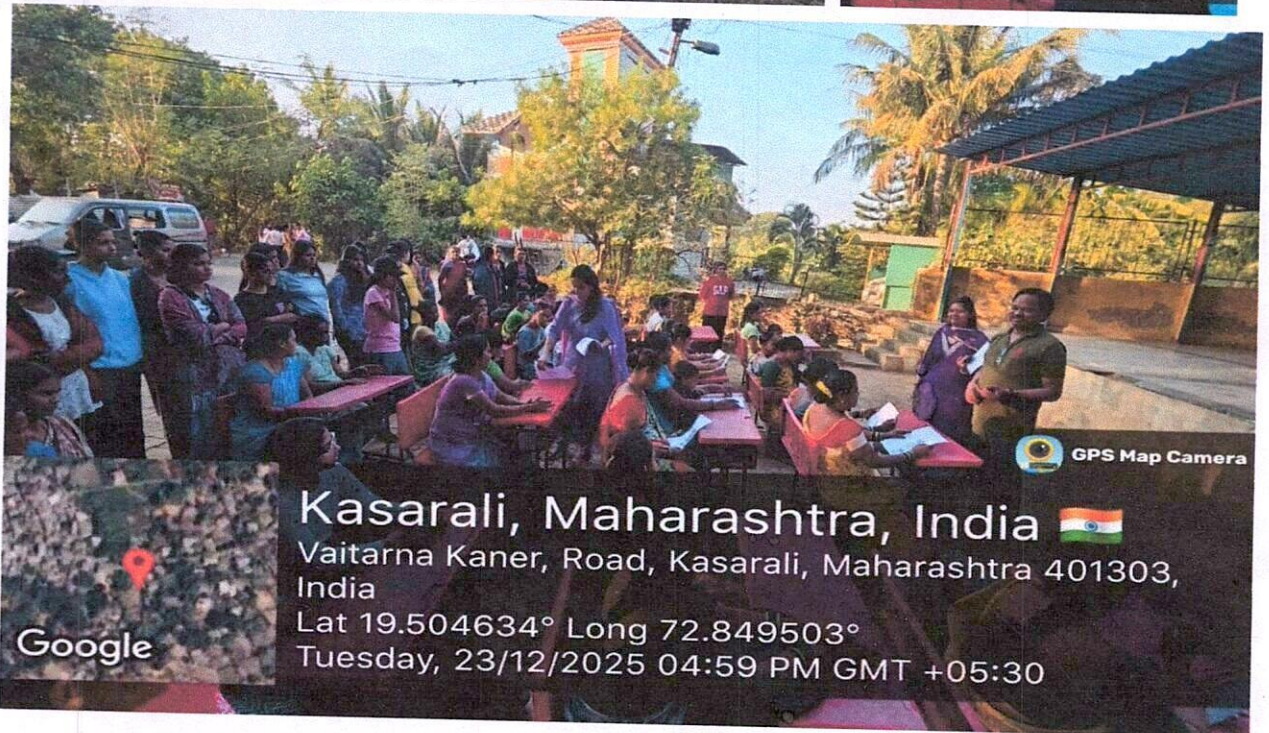
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Vaitarna Kaner, Road, Kasarali, Maharashtra 401303, India
Lat 19.504617° Long 72.849496°
Tuesday, 23/12/2025 05:21 PM GMT +05:30



Kasarali, Maharashtra, India
Vaitarna Kaner, Road, Kasarali, Maharashtra 401303, India
Lat 19.504622° Long 72.849519°
Tuesday, 23/12/2025 04:59 PM GMT +05:30



Kasarali, Maharashtra, India
Vaitarna Kaner, Road, Kasarali, Maharashtra 401303, India
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Tuesday, 23/12/2025 04:34 PM GMT +05:30



Kasarali, Maharashtra, India
Vaitarna Kaner, Road, Kasarali, Maharashtra 401303, India
Lat 19.504634° Long 72.849503°
Tuesday, 23/12/2025 04:59 PM GMT +05:30





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WDC IN COLLABORATION WITH NSS UNIT PRESENTS

Government Scheme Awareness Programme for Women and Young Girls

1. Pradhan Mantri Matru Vandana Yojana

- Beneficiaries: Pregnant women (first live birth)
- Exact Amount: ₹5,000 (total)
 - ₹1,000 after early pregnancy registration
 - ₹2,000 after antenatal check-up
 - ₹2,000 after childbirth and first vaccination
- How to Apply: Anganwadi Centre / Government Health Centre
- Mode: Direct Benefit Transfer to bank account

2. Janani Suraksha Yojana

- Beneficiaries: Pregnant women delivering in government hospitals
- Exact Amount (Rural Maharashtra): ₹1,400
- How to Apply: Automatic registration at hospital during delivery
- Mode: Direct transfer to bank account

3. Lek Ladki Yojana

- Beneficiaries: Girl children born on or after 1 April 2023
- Exact Amount: ₹1,01,000 (total)
 - ₹5,000 at birth
 - ₹6,000 at school admission
 - ₹10,000 in Class 6
 - ₹15,000 in Class 11
 - ₹65,000 after age 18
- How to Apply: Anganwadi / Gram Panchayat

4. Majhi Kanya Bhagyashree Yojana

- Beneficiaries: Girl children from eligible low-income families
- Exact Amount: ₹50,000 fixed deposit
- Withdrawal: After completion of 18 years
- How to Apply: Anganwadi / Zilla Parishad Office

5. Sukanya Samridhi Yojana

- Beneficiaries: Girl child below 10 years
- Exact Amount:
 - Minimum deposit: ₹250 per year
 - Maximum deposit: ₹1,50,000 per year
- Maturity: Fully tax-free amount
- How to Apply: Post Office / Authorized Bank

6. Mukhyamantri Majhi Ladki Bahin Yojana

- Beneficiaries: Women aged 21-65 years from eligible families
- Exact Amount: ₹1,500 per month
- Annual Benefit: ₹18,000 per year
- How to Apply: Online portal / Anganwadi / Common Service Centre
- Mode: Direct Benefit Transfer to bank account

7. Indira Gandhi National Widow Pension Scheme

- Beneficiaries: Widowed women aged 40-79 years
- Exact Amount:
 - ₹300 per month (Central Government)
 - ₹700 per month (Maharashtra Government)
 - Total: ₹1,000 per month
- How to Apply: Gram Panchayat / Taluka Office

8. Shraavan Bal Seva Rajya Nivruttivetan Yojana

- Beneficiaries: Senior citizen women (65 years and above)
- Exact Amount:
 - ₹1,500 per month (single beneficiary)
 - ₹3,000 per month (husband and wife together)
- How to Apply: Gram Panchayat / Social Welfare Office

9. Pradhan Mantri Jan Dhan Yojana

- Beneficiaries: Women without bank account
- Exact Monetary Benefits:
 - ₹2,00,000 accidental insurance cover
 - ₹10,000 overdraft facility
- How to Apply: Any nationalized bank

10. Pradhan Mantri Awas Yojana Gramin

- Beneficiaries: Rural women-headed / eligible households
- Exact Amount (Maharashtra): ₹1,20,000 for house construction
- How to Apply: Gram Panchayat housing list



'लेक लाडकी' योजना नव्या स्वरूपात
लाडकी लेक मी संतांची, मजवरी कृपा बहुतांची...

महाभग 2023

- मुलींच्या सक्षमीकरणासाठी 'लेक लाडकी' योजना आता नव्या स्वरूपात
- पिवळ्या आणि केशरी रेशनकार्ड धारक कुटुंबातील मुलींना लाभ
- जन्मानंतर मुलीला 5000 रुपये
- पहिलीत 4000 रुपये, सहावीत 6000 रुपये
- अकरावीत 8000 रुपये
- मुलगी 18 वर्षांची झाल्यावर 75,000 रुपये

