



Shree Rahul Education Society's (Regd.)

SHREE L. R. TIWARI DEGREE COLLEGE

(Arts | Commerce | Science)

UGC Recognition under sec 2(f) of the UGC Act 1956 | Approved by Government of Maharashtra | NAAC Accredited with Grade 'A' (1st Cycle) |
Affiliated to University of Mumbai | College Code -1064 | ISO Certified 9001:2015 | Hindi Linguistic Minority institution

DEPARTMENT OF MULTIMEDIA & MASS COMMUNICATION

Organizes

FIELD VISIT TO GLOBAL VIPASANNA PAGODA



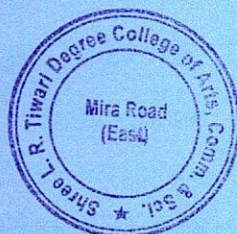
Date: 26th July, 2025

Day: Saturday

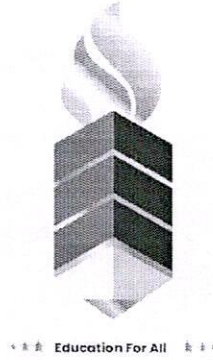
Venue: Global Vipasanna Pagoda Road, Borivali West

Time: 10am-2pm

Asst Prof Moumita Nath
BAMMC CO-ORDINATOR



Dr. Sanjay Mishra
I/C Principal
Shree L. R. Tiwari Degree College of Arts, Comm. & Sci.
Kanakia Park, Mira Road (East),
Dist. Thane - 401107, Maharashtra



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NOTICE

Field Visit to Global Vipassana Pagoda

Dear Students,

We are pleased to announce an upcoming field visit to the Global Vipassana Pagoda, for FY, SY and TYBAMMC students. The visit shall offer a unique opportunity for participants to explore the rich architecture and culture.

Details of the visit are as follows:

- Date - 26th July, 2025
- Day - Saturday
- Time - 10 am - 2 pm
- Location - Global Vipassana Pagoda Road, Gorai Village, West, Borivali, Mumbai, Maharashtra.

Objectives:

- To understand the role of the media in promoting cultural and spiritual tourism.
- To study architectural and visual communication techniques.
- To explore opportunities for media production in spiritual settings.

Important Instructions:

1. Participants need to attend regular morning lectures before leaving for the visit at 10 am from college campus.
2. All individual expenses to be borne by students.
3. Carry heavy tiffin boxes.
4. Please carry your Identity card for identification purposes.
5. Maintain decorum and respect the rules and regulations of the heritage site.

Asst. Prof. Moumita Nath
BAMMC Coordinator



Dr. Sanjay Mishra
I/C Principal
Shree L. R. Tiwari Degree College of Arts, Comm. & Sci.
Kanakia Park, Mira Road (East),
Dist. Thane - 401107, Maharashtra



Date: 28th July 2025

Report on the field visit to Pagoda Global Vipassana Center

Date: 26th July, 2025

Venue: Global Vipassana Pagoda, Gorai, Mumbai

Conducted by: BAMMC Department

Introduction:

The department of Bachelors of Mass Communication organised a field visit to the Global Vipassana Pagoda, Borivali West, Mumbai for all FY students on 26th July 2025. The students were accompanied by the faculties of the department.

Purpose of the Visit:

The objective of the visit was to provide BAMMC students an opportunity to understand the significance of Indian Knowledge Systems through the study of temple architecture, the history of the Global Vipassana Pagoda, and the importance of meditation in human life. The visit aimed to connect classroom learning with cultural, historical, and spiritual practices rooted in India's heritage.

Key Highlights of the Visit:

1. Orientation and Introduction:

Students were given an overview of the vision, philosophy, and establishment of the Global Vipassana Pagoda, which stands as a symbol of peace and harmony.

2. Understanding Temple Architecture:

The students observed the unique architectural style of the pagoda, designed in the traditional Burmese style, and learned about its structural significance, including the largest stone dome built without supporting pillars.

3. History and Cultural Significance:

The visit included an informative session on the historical background of the center, its association with preserving Buddha's teachings, and its role in spreading Vipassana meditation worldwide.

4. Meditation Experience:

Students actively participated in a 10-minute guided meditation session to gain first-hand experience of Vipassana practice and understand its role in developing concentration, inner peace, and mindfulness.





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5. Knowledge Sharing:

The importance of meditation in modern life was highlighted, with emphasis on stress management, emotional well-being, and holistic personal growth.

Learning Outcomes:

- Gained insights into Indian Knowledge Systems through temple architecture and spiritual practices.
- Understood the historical and cultural significance of the Global Vipassana Pagoda.
- Experienced meditation techniques and recognized their relevance in daily life.
- Developed appreciation for India's heritage and the role of meditation in fostering peace and self-awareness.

Conclusion:

The visit to the Pagoda Vipassana Meditation Center proved to be an enlightening and transformative experience for BAMMC students. It not only deepened their understanding of Indian Knowledge Systems but also inspired them to value meditation as a tool for personal growth and well-being.

Asst. Prof. Moumita Nath
BAMMC Coordinator



Dr. Sanjay Mishra
I/C Principal

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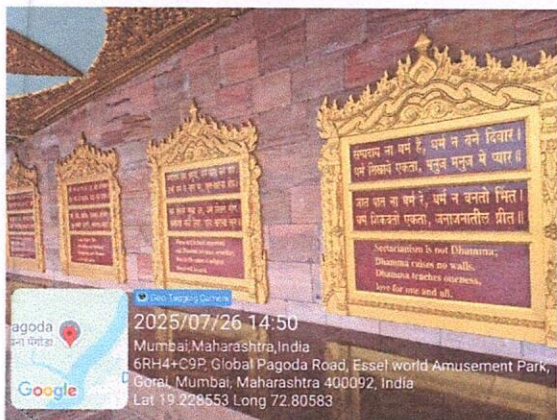
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Glimpses of the field visit





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Attendance Sheet

Name of the Event: Field Visit to Pagoda - Vipassana CentreName of the Department/Committee/Cell/Club: BAMMC DepartmentName of the Speaker: Faculties of Department Date: 26/07/25

Sr. No.	Name of the Student	Class	Gender M/F	Signature
1.	Ruby Mishra	FYBAMMC	F	Ruby
2.	Sneha Singh	FYBAMMC	F	Sneha
3.	Dipashree Warse	FYBAMMC	F	Dipashree
4.	Diya Neelipalembil	FYBAMMC	F	Diya
5.	Ridhima Gaur	FYBAMMC	F	Ridhima
6.	Pruthvi Gandhi	FYBAMMC	F	Pruthvi
7.	Akshada Porade	FYBAMMC	F	Akshada
8.	Snigdha Sinha	FYBAMMC	F	Snigdha
9.	Dharmam Senani	FYBAMMC	M	Dharmam
10.	Kabeer Meman	FYBAMMC	M	Kabeer
11.	Sachi Tripathi	FYBAMMC	F	Sachi
12.	Swastika Tripathi	FYBAMMC	F	Swastika
13.	Abhigith Nair	FYBAMMC	M	Abhi
14.	Cratesh Das	FYBAMMC	M	Cratesh
15.	Vedant ACHANA	FYBAMMC	M	Vedant
16.	Ranbir Singh Monikoo	FYBAMMC	M	Ranbir
17.	Shaina Eddie Laxocah	FYBAMMC	F	Shaina
18.	Kargana Rajpal RajPat	FYBAMMC	F	Kargana
19.	Meenakshi Verma	FYBAMMC	F	M.V
20.				
21.				
22.				
23.				
24.				
25.				

