Shree Rahul Education Society's (Regd.)

SHREE L. R. TIWARI DEGREE COLLEGE

(Arts | Commerce | Science)

UGC Recognition under sec 2(f) of the UGC Act 1956 | Approved by Government of Maharashtra | NAAC Accredited with Grade "A" (1st Cycle) | Affiliated to University of Mumbai | College Code -1064 | ISO Certified 9001:2015 | Hindi Linguistic Minority institution

INTERNAL QUALITY ASSURANCE CELL

Organizes

SEMINAR ON
"KNOW YOURSELF BY YOUR SIGNATURE"

Explore the connection between your signature, handwriting, and personality!



Highlights:
15 mins meditation with sound bowls

Date: 28th June 2025

Venue: 401-IT Lab and Library

Time: 12.00-1.30pm

Speaker
MRS. SANJU RATHI
(Founder)
Ekansa Writing Curves

Vaishali

Dr. Vaishali Kothiya
IQAC COORDINATOR

Dr. Sanjay Mishra
I/C PRINCIPAL

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SHREE L. R. TIWARI
DEGREE COLLEGE
(Arts | Commerce | Science)
UGC Recognition under Sec. 2(f) of the UGC Act 1956 |
Approved by Government of Maharashtra |
NAAC Accredited with CGPA 3.14 Grade 'A' (1st Cycle) |
Affiliated to University of Mumbai |
College Code - 1064 | ISO 9001:2015 Certified |
Hindi Linguistic Minority institution
Education For All

Date: 23rd June 2025

NOTICE

All the faculties are hereby informed that the Internal Quality Assurance Cell of Shree L. R. Tiwari Degree College is organizing a unique and reflective seminar titled **"Know Yourself by Your Signature" to offer** a fascinating insight into the world of graphology.

Details of the event:

- Date: 28th June 2025
- Time: 12:00 p.m. – 1:30 p.m
- Venue: 401-IT Lab and Library, NB
- Resource Person: Mrs. Sanju Rathi, Founder of Ekansa Writing Curves

Objectives of the Seminar:

- To explore the connection between handwriting, signature, and personality.
- To introduce graphology as a tool for self-awareness and behavioural analysis.
- To create space for inner reflection and calm through guided meditation.

Expected Outcomes:

- Participants will gain insights into how handwriting and signatures reflect different aspects of their personality traits and behavioural tendencies.
- They will understand the basics of graphology and learn how to apply it as a self-awareness tool to identify personal strengths and areas for improvement.
- The attendees will experience a sense of relaxation and mental clarity through guided meditation session, fostering deeper inner reflection and emotional balance.

Vaishali

Dr. Vaishali Kothiya
IQAC Coordinator
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Kanakiya Park, Mira Road (E).
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Shree Rahul Education Society's [Regd.]
SHREE L. R. TIWARI DEGREE COLLEGE
Arts | Commerce | Science] UGC Recognition under sec 2(f) of the UGC Act 1956 | Approved by Government of Maharashtra | NAAC Accredited with Grade "A" (1st Cycle)
Affiliated to University of Mumbai | College Code: 1061 | ISO Certified [illegible]:2015 | Hindi Linguistic Minority institution

Date: 30th June 2025

Report: Seminar on "Know Yourself by Your Signature"

Date: 28th June 2025
Venue: 401- IT Lab and Library, NB
Time: 12:00 p.m. – 1:30 p.m.

Organized by: Internal Quality Assurance Cell (IQAC)

The Internal Quality Assurance Cell of Shree L. R. Tiwari Degree College organized a unique and reflective seminar titled **"Know Yourself by Your Signature"** conducted by *Mrs. Sanju Rathi*. Founder of *Ekansa Writing Curves*. The seminar offered a fascinating insight into the world of graphology and how our handwriting and signatures reveal layers of our personality.

Session Flow:

- The event began with a warm welcome by Asst Professor Moumita Nath who beautifully introduced the essence of the session and the esteemed guest and managed the hosting and hospitality gracefully, ensuring smooth coordination throughout.
- The felicitation of the speaker was done by Dr. Sonali Nandu,
- The session concluded with a heartfelt Vote of Thanks by Dr. Nusrat Choudhary, appreciating the speaker's insights and the enthusiastic response from the participants.

Objectives of the Seminar:

- To explore the connection between handwriting, signature, and personality.
- To introduce graphology as a tool for self-awareness and behavioural analysis.
- To create space for inner reflection and calm through guided meditation.

Highlights:

- Understanding the link between signature style and personality
- Graphology as a tool for self-awareness and personal growth
- Common signature patterns and what they reveal
- 15-minute guided meditation using sound bowls for inner alignment
- Interactive Q&A with faculty participants.

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The most appreciated part of the seminar was the **15-minute guided sound bowl meditation**, which created a deeply calming atmosphere. It allowed participants — especially the faculty members — to **pause, reflect, and recentre**, which they described as *therapeutic and much-needed*. Several expressed a strong interest in similar wellness-based sessions in the future.

Mrs. Rathi's approachable and insightful style made the session engaging and meaningful, encouraging everyone to look at their own writing not just as text — but as a window into the self.

Participation: *Total attendees:* 25 (17 Female, 8 Male)

Vaishali

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Date: 30th June 2025

GLIMPSES OF THE EVENT









Vaishali

Signature:

Name of Coordinator – Dr Vaishali Kothiya

Cell- Internal Quality Assurance Cell (IQAC)

Shree L. R. Tiwari Degree College of Arts, Comm. & Sci. ★ Mira Road (East)

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Date: 28/06/25

Name of the Event : SEMINAR ON "KNOW YOURSELF BY YOUR SIGNATURE."

Name of the Department / Committee/Cell/Club: IQAC

Name of the Speaker: MRS. SANJU RATHI Date:

Sr. No.	Name of Faculty	M/F	Signature
1	Jay mahesh Thosani	Male	
2	Namrata Singh	Female	
3	Ajay yadav	M	
4	Sumbul Fatima	F.	
5	Neha Prajapati	F.	
6	Kshitij L. Jha	Male	
7	Babli Vishwakarma	Female	
8	Swati Bhatt	F	
9	DR. NUSRAT CHOUDHARY	Female	
10	C.I. AJITH ALWYN RAY	Male	
11	Neha Kulkarni	Female	
12	Lokesh Bahad	Male	
13	OMKAR MADYAL	Male	
14	Asst Prof Sonal Shah	female	
15	Rashi Kiran	Female	
16	Santosh Pandey	Male	
17	Dr Akanksha gujrati Asar	Female	
18	Suvarna Shende	Female	
19	Suman Gupta	F.	
20	Bhumika Vyas	Female	
21	Eram Fatima Ansari	Female	
22	Sangeeta Suryavanshi	Female	
23	Shivshankar Vishwakarma	Male	
24	Monmita Nath	Female	
25	Dr. Sonali Nandu	Female.	

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